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# Sweet Melissa: Behind Bars (Book Three 3)



## Synopsis

HEROIN ADDICTION, THE LIFESTYLE, THE RECOVERY Roses are red, Violets are blue. If you shoot too much HEROIN, You'll soon be blue too. Please God, don't let me DIE in prison. My limp, blue body had just been dragged across the cold linoleum floored hallway, from another inmate's cell over to my own. I had been out of bounds, being INJECTED with some of the heroin I had just received that day. The last thing I had remembered, was sitting on the TOILET in Lisa's cell. She was having trouble finding a vein, so she went to my neck. I was now laying on the floor in my CELL, with Santos pounding on my chest. In all right's, I should be DEAD. I had recently gotten out of the hole, after doing a nine month SHU term for bringing Heroin into the prison. You would have thought I would have learned my lesson by then. I was sentenced to a couple more years, yet I was still the same hard-headed junkie I was, when I first set foot in that cold, dark CAGED world. The Sweet Melissa memoir series continues with Book Three. This is an inspirational read geared toward the young adult audience, or anyone suffering from substance abuse or addiction. The series will also help educate family members, and friends of a addict, that addiction is a disease. People in their right mind do not do these type of things. The series will take you down the dark road of heroin addiction and the lifestyle acquired by the author in order to support such a habit. Her addiction has turned her into someone she had only read about. As her self esteem diminishes, life does not seem worth living. The author's story will have you wondering if there is any hope at all for her. As the series evolves, you will see that with hard work and perseverance, anything is possible. Continue reading the series, to find out the life changing event, that turned the author into the woman she was always meant to be. The series contains many TRIGGERS.

## Book Information

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## Customer Reviews

I'm into the books so I'll have to read the next one. It was interesting but written like a diary with too much boring detail. The one thing that stood out and made me want to quit at many points were the grammatical errors. I don't think anyone read this book for context and/or missing words. Shame on the publisher for not catching all the mistakes.

An easy, quick read. I liked this book and I liked the "character" of the author. She tells her story clearly, in a matter-of-fact tone without any frills, and without any blame. Folks in recovery from addiction, especially women, will find much to identify with here. I felt the author could give her readers more in terms of physical description of characters and settings, and in terms of her emotional motivations. Drug use, of course, can blunt emotions, but it was difficult to understand why she was so stuck on her boyfriend.

Just like her first 2 books that she wrote, I read this in one day! Being in recovery myself I can completely relate to what happened to her and I can not wait to the rest of her books

I couldn't put this book down. Buy this book to find out how Sweet Melissa survives Behind Bars.

First of all, I want to applaud the author for the courage and bravery she displayed in writing this book. Things that I liked about this book: I liked that I really got a sense of the monotony and redundancy of her experience. As well as her ability to communicate the interpersonal relationships that formed in jail, the hierarchy. I liked the ease in which the story was told, it was an easy read and only took me three or four hours to finish. Things that were disappointing for me

about this book: First, I was surprised there was no mention of what had happened to the author prior to this book. I realize there are two books preceding it but in order for me to truly understand I wanted to know why she went to jail and what her original sentence was etc. I must say there was suspense but unfortunately the suspense usually ended up nowhere. Many superfluous details were incorporated into the story which I found distracting. For example; what was the purpose of mentioning how unusual it was for a dealer to show up for the buy, as opposed to a middleman. Why was that unusual? I was anticipating a climactic moment. Maybe the author was set up by the strangers (suspense) or the dealer was really a narc and she was going to get busted again (suspense). But it turned out to be just an observation nothing more. I didn't like that I could not emotionally connect with the author. She wasn't forthcoming enough about her emotions for me to connect. If this had been a fictional story I really wouldn't care what happened to the main character. But, to know it really happened to somebody, I do care. As a sexual abuse and addiction survivalist, I know there is a black hole full of emotion from these experiences. Maybe the author isn't even aware of them all. I wish the author all the best in her healing, happiness and her life.

Given extra time in prison when caught for using Melissa still lives for the high of heroin. Two years later but no wiser she is released only to discover the guy she loves, the one she had gone to jail with had a new girlfriend. She gets a legit job for a bit, but confines to use and prostitute herself to support her habit. Depressed, she goes through her days wondering if she'll ever be happy. Then Johnny calls.

What an amazing book and even a more amazing life. A quick read, very addictive and can't wait to read the rest of the series. Highly recommended. What courage it took for Susan to write this series. I applaud her strength

Anyone who knows someone struggling with addiction NEEDS to read the Sweet Melissa series. Susie leaves nothing out. The life of the addict is both heartbreaking and frightening.

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